

DAWN

KARACHI Friday, October 14, 2016

KARACHI
Sunset 06:07 pm
Sunrise (Tomorrow) 06:29 am
NEXT 24 HRS
Minimum 24°C
Maximum 33°C
Outlook Partly cloudy

METRO

South



Pakistan Association for Mental Health

Invites you to attend

World Mental Health Day

at

Jinnah Medical and Dental College

The theme of the year is

Dignity in Mental Health: Mental Health First Aid

Programme:

"Stress and Behaviour Change (Mental Health)"

Day 1

Saturday, 15th October 2016, 5:00 PM onwards

Introduction:

Prof. S. Haroon Ahmed

Today's Stressors and Mental Health:

Mr. Amar Jaleel

Day 2

Sunday, October 16th 2016, 10:30 AM - 2:30 PM

Full day Seminar, Speakers are:

Dr. Uzma Ambreen

Dr. Rubeena Kidwai

Dr. Prof. Raza Ur Rehman

Dr. Prof. Iqbal Afridi

Dr. Saadia Quraishy

Dr. Unaiza Niaz

MDW/MENTA/2016-OCT/438

Courtesy:  **Martin Dow**
Pharmaceuticals for a Changing World

THE EXPRESS TRIBUNE

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The New York Times
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